

Live healthier at no cost to you



When you join Teladoc Health®, you'll have access to connected chronic care management devices and the support you need. Best of all, it's offered by your plan sponsor at no cost to you.

Diabetes Management

- ✓ Connected meter
- ✓ Unlimited strips and lancets

Hypertension Management

- ✓ Connected monitor
- ✓ One-on-one coaching

...And more programs!

- ✓ Health experts
- ✓ Personalized plans

Get started

Join by visiting TeladocHealth.com/Smile/MICATHOLIC
or call **800-835-2362** and use registration code: **MICATHOLIC**

To enroll in Teladoc Health, you must opt into at least one program that Michigan Catholic Conference offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Teladoc Health program is not offered by Michigan Catholic Conference, or if you do not meet the specific health criteria of that program, you will not be able to enroll. Program includes trends and support on your secure Teladoc Health account and mobile app but does not include a phone, tablet or smartwatch.

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-835-2362 o visite TeladocHealth.com/Hola/MICATHOLIC

The program is offered at no cost to participants with diabetes and coverage through the MCC Health plan.